

## **My Independence**



My Independence is a service package offered exclusively to the residents of Ohio Living Dorothy Love. This program is designed to provide you with an array of supportive services to assist you in your home.

These homemaker and personal care services are available in the comfort of your own home. If you need help with something that is not on the list below, call your My Independence coordinator to discuss additional needs and services.

## Choose one or more of these services billed at \$6 for each 15 minute unit of service.

- □ Bed making/linen changes
- Cleaning out cupboards
- Cleaning out refrigerator
- Disposing of junk mail
- Dusting
- Emptying kitty litter
- Escort to campus events, lunch or dinner
- □ Filing personal papers
- □ Hand washing delicates
- Help with regular morning or evening routines
- □ Ironing
- Light meal preparation
- Medication reminders
- Moving in
- Ordering dinners
- Organizing closets
- Packing
- Picking up mail
- Reading mail/notices
- □ Safety and welfare checks

- □ Shopping list creation
- Trash removal
- Travel attendant/escort to off-campus events, dinner or appointments
- Unloading the dishwasher
- Vacuuming
- □ Washing/putting away dishes
- Watering plants
- Writing greeting cards
- Other\_

## Take the first step

Call your My Independence coordinator for a one-on-one appointment. This free consultation can help you develop a personalized service plan that best meets your needs.

To make an appointment call 937.678.8307 ohioliving.org